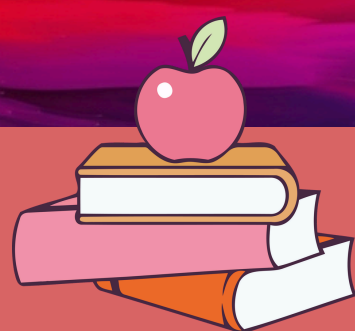


hopeful happenings

SEPTEMBER 2025: FALL EDITION



Upcoming Groups

Junior High Process Groups

Youth Services of Glenview/Northbrook offers a group for 6th-8th grade girls who may benefit from a space to discuss every day challenges and connect with peers in order to build a sense of belonging and support. The licensed therapist will engage members in activities designed to facilitate connection, as well as provide members with coping tools and self-care strategies to navigate their internal and external stressors in healthy ways. This group meets on Tuesdays from 5:30-7:00PM.

High School Process Group

This group is offered to high school girls who are looking for a safe and supportive space to navigate the everyday challenges and connect with peers. The group provides the participants the opportunity for creative self-exploration and insight into new strategies to cope with stressors. The group meets on Mondays from 5:30-7:30PM.

DBT Skills Group

This group is for 13-18 year old teens who struggle with relationships and mood regulation. Group topics include mindfulness, distress tolerance, and emotion management. This group meets on Thursdays from 6:00-7:30PM.

Pride Groups Fall Session

Weekly support groups for LGBTQ+ youth offer opportunities for participants to build community, discuss challenges, and feel supported by others. Facilitated by program staff, these groups include a check-in, fun activities designed to help foster relationships, and time to share challenges and receive support. To join, participants complete an intake membership meeting with a staff member, becoming a member of our Pride Community.

LGBTQ+ Dungeons & Dragons

LGBTQ+ Dungeons & Dragons Campaign begins September 30th! Working together to solve an Agatha-Christie-type murder mystery story, we will process real life relationships & aspects of identity. New and experienced players grades 9-12 welcome! Email intake@ysgn.org for more info and to join. This group meets on Tuesdays from 6:00-8:00PM.

Caring Connections

Caring Connections is a new, 8-week program for parents and children ages 2.5-5 that helps families build strong foundations for growth, learning, and connection. Each week includes a group parent discussion, a children's play-based learning group, and joint parent-child activities designed to strengthen bonds through shared play. Stay tuned for upcoming group information!

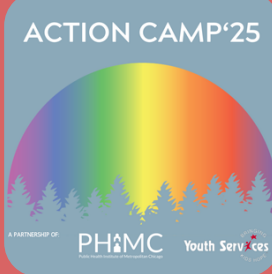
For more information about the above groups or programs, or to schedule an intake, please email intake@ysgn.org or call 847-724-2620.



In the Spotlight

Therapist, Jess Levine, Interviewed on WCPT's Out Chicago

On August 24, staff therapist Jess Levine was featured on WCPT's Out Chicago to share about Action Camp. Each August, Youth Services partners with The Alliance (a program of PHIMC) to host this 5-day sleepaway camp, bringing together young leaders from GSAs and youth groups across Illinois to connect, learn, and advance the safer schools movement. Click the Action Camp photo to listen—the interview begins at 1:05!



Join the Pride Youth Ambassadors Today!

Calling all LGBTQ+ young adults ages 22-35ish! We are putting together a new group of adults in our community who are passionate about supporting LGBTQ+ youth. Create community, support the next generation, and be an ambassador for the Pride Youth Program! Email Michelle.Brody@ysgn.org with questions!



Winter Wear Drive

Youth Services is joining local partners to provide winter coats to under-resourced children in our community this fall. Collections will take place throughout Glenview from October 15th through October 29th for new coats, hats, scarves, and gloves. More information on collection locations and details will be shared next month. The event is sponsored by Youth Services together with the Debra Gelfand Children's Foundation and District 34.

Upcoming Events

Support our work! Youth Services is a non-profit organization and relies on donors and community support. Consider supporting us by attending these great fundraising events.



Golf Outing

Join us on September 8th for the Youth Services Golf Outing! Tee off, sponsor, or support — there are so many ways to make an impact! Click here to learn more.



Girlfriends Boutique & Bites

Grab some friends and join us on Thursday, October 23rd for our annual Friends of Youth Services (FOYS) Boutique at the Renaissance Chicago Glenview Suites Hotel. We are thrilled to welcome back some our most loved vendors as well as some new and exciting ones!

