ODEFUL DODEDING SEPTEMBER 2024: Fall Edition

Upcoming Groups



<u> Junior High Process Group</u>

This group offers 6th-8th grade girls a space to discuss everyday challenges and connect with peers. Licensed therapists will engage members in activities designed to facilitate connection as well as provide members with coping tools to navigate their internal and external stressors in a healthy way. Fall 2024 session will meet on Tuesdays from 6:00PM to 7:30PM and begin on September 10th.



DBT Skills Group

This group is for 13-18 year old teens who struggle with relationships and mood regulation. Group topics include mindfulness, distress tolerance, and emotion management. Fall 2024 session will meet in person on Mondays from 5:30PM to 7:30PM.



<u>prideSUPPORT Groups</u>

Weekly support groups for LGBTQ+ youth offer opportunities for participants to build community, discuss challenges, and feel supported by others. Facilitated by program staff, these groups include a check-in, fun activities designed to help foster relationships, and time to share challenges and receive support. To join, participants complete an intake membership meeting with a staff member, becoming a member of our Pride Community.



<u> Spanish Speaking Parent Group</u>

This is a support group for Spanish-speaking parents and is intended to provide participants with a chance to discuss various subjects—including parenting and family life, self-care, community resources and problemsolving—and to provide mutual support and assistance to one another. Fall 2024 session will meet in person on Wednesdays at 7:00PM. Childcare for ages 3-5 is provided.

<u> Primary Colors</u>



LGBTQ+ youth grades K-4 and their families are invited to join us for our regular Primary Colors meetups! Build community and make new friends with other LGBTQ+ youth and families! We will be gathering in Glenview from 5:00PM to 6:30PM. Due to ongoing renovations at Youth Services, the exact location is TBD and will be shared closer to the event date.

October 4th Signup

<u>November 1st Signup</u>

For more information about the above groups or programs, or to schedule an intake, please email <u>intake@ysgn.org</u> or call 847-724-2620.

Upcoming Events

Pride Back-to-School Bonfire Saturday, September 21st For LGBTQ+ youth grades 5-8





<u>Heartstopper</u> <u>Watch Party</u> Saturday, October 5th For LGBTQ+ youth grades 7-12

Glenview Community Winter Wear Drive

Youth Services is joining local partners to provide winter coats to under-resourced children in our community this October. Collections will take place throughout Glenview from October 10th through October 24th for (like) new coats, hats, scarves, and gloves. More information on collection locations and details will be shared next month. The event is sponsored by Youth Services together with GBS Titans Helping Titans, the Debra Gelfand Children's Foundation, District 34, and District 34 PTAS.

Annual Meeting on Thursday, October 10th at 7:00PM

Lakeview Room at Glenview Park Center at 2400 Chestnut Ave in Glenview

Each year the annual meeting allows the agency an opportunity to reflect on the previous year, honor extraordinary partners, and bring our community together for a deeper understanding of our work. A portion of this evening will highlight a meaningful clinical focus on our programs to share stories and reflections on what makes Youth Services so special.

Support our work! Youth Services is a non-profit organization and relies on donors and community support. Consider supporting us by attending these great fundraising events.



<u> Girlfriends Boutique</u>

Grab some friends and join us on Thursday, October 24th for our annual Friends of Youth Services (FOYS) Boutique at the Renaissance Chicago Glenview Suites Hotel. We are thrilled to welcome back some our most loved vendors as well as some new and exciting ones. But the biggest news is that we decided to extend the boutique time this year and will be holding it from 12pm-8pm! To learn more and purchase tickets, please visit: <u>www.ysgn.org/girlfriends-boutique/</u>





Youth Services Concert

SAVE THE DATE for a fun night of singing and dancing with one of Chicago's most popular rock bands, 7th Heaven, all while supporting a great cause! The funds raised through our Concert event make an incredible difference in the lives of children and youth who turn to Youth Services for support. To learn more, and purchase your tickets, please visit www.ysgn.org/concert. Interested in joining our Concert Committee, please contact Erin Miller at erin.miller@ysgn.org.

