

Youth Services Anti-Racism Resources

There are numerous online resource lists that direct people to educational and direct support opportunities with the goal of interrupting violence against black people and dismantling systemic racism in the United States. Youth Services clinical staff have assembled a selection of these guides and texts to offer educational and local support resources for the young people and families in our Youth Services community.

(*A continuación, los recursos en español son subrayados.)

Resources for Young and Pre-School Age Children

- **Learning:** [The New York Times](#) and [Time Magazine](#) offer book options for younger children that focus on race, racial identity, and racism and/or that center on black and non-white protagonists. Video learning through the [CNN/Sesame Street Town Hall](#) or the book read-aloud [Something Happened in Our Town](#) are also great resources for young children.

Resources for School Age Children and Tweens

- **Learning:** [The New York Times](#) and [Time Magazine](#) articles listed above have book options for school age children and tweens, as does the age-specific reading list put together by [Evanston Public Libraries](#). Public radio's WNYC Studios produces several videos where elementary and middle-school students discuss [racism](#) and [segregation](#). The book read-aloud of [Something Happened in Our Town](#) is also great for younger kids in this age group.
- **Action + Support:** Although many direct-support opportunities are not always available to/appropriate for this age, kids and tweens can always (with adult support and supervision) create signage or artwork to share their beliefs and/or fundraise for an organization that they wish to support.

Resources for Teens

- **Learning:** This video offers an helpful overview of [systemic racism](#) in the U.S., and [Evanston Public Library](#) offers a anti-racist booklist specific for teens.
- **Action + Support:** [Teen Vogue](#) discusses how young people can take action to dismantle systemic racism. Consider following and supporting youth-led organizations in the Chicagoland area like the [Black Youth Project](#) and the [Chicago Freedom School](#).

Resources for Adults + Parents/Caregivers

- **Learning:** [Chicago Public Libraries](#) and [Evanston Public Libraries](#) have reading lists (including articles, videos, and podcasts) to explore race and race oppression in the U.S. If you are purchasing texts, you might consider buying from [a black-owned bookseller](#). A list of documentaries and shorter publications/articles can also be found in this [Medium article](#) as well an article from [Vox on anti-racism](#). (*Esta lista de [la biblioteca pública de Los Ángeles](#) tiene una

lista de libros en español para explorar la identidad racial y la historia de raza y la opresión de minoridades en los EEUU).

- **Action + Support:** [Black Lives Matter](#), [Showing Up for Racial Justice](#), and [Color of Change](#) are leading organizers in the movement for racial justice in the U.S. and are great guides for action and support. [Book Club Chicago](#) published a list of black-led organizations in the Chicagoland that are supporting their communities to manage the threat of COVID-19 and engage in the nationwide movement against police brutality.
- **Parenting:** Numerous articles and lists have emerged to help guide parents--often but not exclusively white parents--about how to talk with kids and teens about race, racism, anti-racist awareness and action, as well as white supremacy and anti-blackness in the U.S. Helpful guides include those from [NPR](#), [Child Mind Institute](#), [Parents Magazine](#), [Pretty Good Design](#), [The Atlantic](#), [Commonsense Media](#), and [The Children's Community School](#). (*[Este artículo de CNN](#) ofrece consejos para hablar con tus hijos sobre las protestas y el racismo.)

Do you have resources to add to this list? Please email us at racialjustice@ysgn.org for review. Thank you for your input.