KEEPING FOCUS
The mission of Youth Services is to promote the social and emotional well-being of children and youth.

We believe every child should grow up happy, healthy, and with hope.
dear friends,

Thank you for being part of the Youth Services community. As we close another fiscal year, we look back on a time unlike any other. It is not a story that can be told in client growth, volunteers engaged, hours of service, or dollars raised. It started with a plan to fill a rapidly increasing need for services – a plan we wholeheartedly embraced – until we all faced some very significant, life altering changes. Everything about the way we worked had to be modified. However, one thing held true: our FOCUS on the Youth Services mission.

Our year changed course, however the foundation of what we do has been laid with such strong vision and support that we were able to continue to remain available and accessible to the families who needed us most and, as always, we did not turn anyone away based on their ability to pay.

The Youth Services phone never stopped ringing. Intakes grew, and we met that need by serving new clients. We remained steadfast in our promise to respond to crisis intervention needs in the community. We provided assistance where it was needed most. And YOU called. Volunteers, donors, and community members started calling asking how they could help and encouraged us to remain focused on our work. Youth Services remained the first call for so many people in the community.

Staff and volunteers came together in ways that allowed us to continue to provide services without missing a beat. Our long-time IT volunteer, Bill Thomas, worked countless hours to get our staff up and running remotely. Our partner and Board Member, Lisa Anastasia, generously provided laptops where needed. We all remained focused.

Despite the hurdles we all face, all of our clinical services remain on a path of growth. Our commitment to the community has not wavered. We continued to build our partnership with School District 34 through our SAIL program and held our 2nd Annual Trans Youth Summit in March, which you will learn more about in this full report. Intake calls have increased by 20%, and we are committed to each and every call. Youth Services remains here. We are focused and more committed than ever to our mission.

Thank you for your focus on the community that makes Youth Services the special, safe, and vibrant place it continues to be for everyone.

With appreciation,

Amy O’Leary, LCSW
Executive Director
Executive Director
Amy O’Leary, LCSW

Clinical Staff
Jeni Brickman, LCSW
Clinical Director
Alison Frys, LCPC
Director of Programming
Lizzy Appleby, LCSW
LuJuana Allen-Lightfoot, LPC
Kait Berger, LCPC
Jess Levine, LCSW
Carolina Cormack-Orellana, BA*
August Hupp
Julie Leonard, LPC*
Alexandra Maralsakis, BA*
Sarah Moskowitz-Gordon, LCSW
Stefany Nilsen, LPC*
Daniel Pak, LPC*
Bekcy Pollock, LCPC
Megan Shipp, LAT, ATC*
Bonnie Katz
Bookkeeper and HR Administrator*
Mary Povitsky
Receptionist
Sam Petromanteantu
Maintenance
*denotes part-time

Development Staff
Lisa Hanneman
Director of Development
Gina Fanady
Development Manager
Erik Millar
Development Manager, Special Events
Jennifer Fitch
Volunteer Coordinator*
Michelle Brody
Marketing & Outreach Coordinator*

FoYS — Friends of Youth Services
Sandy Brennan
Kathy Brown
Julie Bruch
Gretchen Flowers
Cathy Irwin
Maisy Jerfita
Andrea Joselit
Maritoni Kane
Beth Kirk Malicki
Sorai Mathein
Barb Nieblitt
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Bridgetta Taylor, LCSW
Branna Weiman, LCPC
Jessica Wik, LCSW

our team
These are preliminary financials for the year of July 1, 2019 - June 30, 2020.
you walk in and it’s a happy place.”

Every child is unique, and so is the approach we take in treating our clients. Our services fall on a spectrum ranging from early intervention to crisis response and are provided in a safe and therapeutic environment. By working with insurance companies and offering a sliding fee scale, care is provided to families of all means.
According to findings from NorthShore University Health System’s 2019 Community Health Need’s Assessment, access to mental healthcare is a critical need in our community.

Mental health is a top disease condition affecting the community

Q: How much do these conditions affect your community?
% of participants responding “A lot”

<table>
<thead>
<tr>
<th>Condition</th>
<th>% of Participants</th>
</tr>
</thead>
<tbody>
<tr>
<td>Cost of Health Care</td>
<td>44%</td>
</tr>
<tr>
<td>Mental Health</td>
<td>40%</td>
</tr>
<tr>
<td>Substance Abuse &amp; Addiction</td>
<td>32%</td>
</tr>
<tr>
<td>Obesity/Overweight</td>
<td>32%</td>
</tr>
<tr>
<td>Assistance Navigating Healthcare System</td>
<td>30%</td>
</tr>
<tr>
<td>High Blood Pressure / Stroke</td>
<td>28%</td>
</tr>
<tr>
<td>Cancer</td>
<td>27%</td>
</tr>
</tbody>
</table>

Our highly skilled clinicians provided 4,530 individual & group therapy hours to 251 children and teens

Youth Services has done so much for me for the past year since I first arrived in Glenview. They gave me the help I needed when others couldn’t anymore. At first I was pretty hesitant to open up again after moving from Prospect to Glenview but turns out I didn’t need to be scared to open up to them because they earned my trust as time went on.”

— Client
People with mental health issues do not have resources available

Q: Please provide your opinion as to the availability of services in your community to assist with health needs for the specific population identified

% of participants responding “Few Resources”

In these most trying times, our sliding scale remained intact and available to those who needed it most.

No one is turned away if they cannot afford to pay.
LGBTQ youth are at high risk of suicide and mental health issues, but find safety with peers and safe spaces.

In one study, only 47% of respondents received counseling from a mental health professional.

LGBTQ youth disclose their sexual orientation and gender identity to LGBTQ peers at the highest rate, making safe spaces critically important to address issues.

Source: The Trevor Project

Value of LGBTQ Safe Spaces
% of LGBTQ youth

Sharing Sexual Orientation & Gender Identity
% of LGBTQ

LGBTQ youth have very high incidence of suicide ideation and attempts.
The Pride Youth Program served 258 LGBTQ+ children and youth ages 4-24 and their families through a variety of year-round social, support, and leadership opportunities. The program provided varying levels of engagement and support from childhood to adolescence, and promoted a sense of belonging so that all LGBTQ+ young people grow up safe and supported.

Over 80% of LGBTQ+ students have experienced verbal harassment at school within the last year because of their sexual or gender identity.

— 2017 nationwide GLSEN School Climate Survey

PrideConnect, PrideCreate, and PrideLead all changed my life for the better. This may be a lot, but if it weren’t for them, I wouldn’t have met the most awesome people, gone to the most fun events, and joined the greatest programs in my community. All I want to say is thank you, for everything.”

— Pride Participant
61 children & teens in crisis received risk assessments by YS clinicians

251 youth were provided with free bus transportation & 405 hours of after school programming support

47 years serving the community

30 youth participated in Action Camp

40 individuals provided 489 hours of community service

750 volunteers wrapped presents for the Holiday Gift Program

213 SHARE workshops reached 7,943 students, teachers & community members

79 tutors provided 65 hours of tutoring support to 131 children

33 Latina mothers attended Coffee Talk, a weekly Spanish-speaking support group

49 families received emergency financial assistance

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Our Therapeutic Process

Youth Services is recommended to a parent

Parent calls YS requesting mental health services for their child

Intake is conducted & child is assigned to a therapist

Reasons for referral are explored. Payment options are reviewed including health insurance & sliding scale.

Therapy begins & treatment plan is developed

If a child excels in art, then art therapy activities are utilized.

Therapist collaborates with other service providers

Goals & objectives are met, child is discharged

Parent raises mental health concerns with sibling

Teacher indicates child is struggling socially, child joins YS Social Skills Group.
In partnership with School District 34, Youth Services provided SAIL (Supportive Approaches to Integrating Learners) and Summer Scholars to 147 middle school English Language learners and their parents. The focus on social and emotional learning increased self-esteem and confidence in students as they transitioned from the intermediate to middle school setting.

“YSGN’s services fill such a critical need in the development of our students’ social-emotional development. Their programs are even more important during this time of uncertainty. The beautiful facilities, the relevant programming, and caring staff provide a well-rounded experience that has an everlasting effect on the lives of our students and their families.”

— Raquel Kim, Director of EL & Bilingual Programs, School District 34
The second annual Trans Youth & Family Summit welcomed more than 75 children and adults to Youth Services to learn from professionals, share their own experiences, and connect with each other. Of the twenty workshops that were offered during this half-day conference, topics included medical and legal transition, support for cisgender siblings, intersections of gender diversity and autism, mental health, trans history, and more! The day closed with a community lunch, offering participants the opportunity to create connections for ongoing support.

“So much information and so awesome to connect with people in a similar boat!”
These are just a few examples of the many positive outcomes we have had in the past year.

1,600+ youth & families served

$240,000 scholarships provided to agency clients

No one is turned away if they cannot afford to pay.
The FoYS Board has had a tremendous history with the agency and has raised hundreds of thousands of dollars since its inception through the Girlfriends’ Brunch and Boutique, an event they have continued to elevate. However, raising the important funds and hosting an event was not enough for this group of dynamic women. Instead, they continued to ask for more ways to dig deeper through volunteer work and a more in-depth understanding of Youth Services. They provided Study Buddies dinners, volunteered as tutors, provided summer lunch, supported our Holiday Gift program, and served as respected ambassadors for Youth Services. Thank you to FoYS for the energy, enthusiasm, and resources you bring to make our work possible.
Event guests have felt the impact of our production partner, **Media Direct Productions** for many years. Our partnership has been the foundation of providing fun, enjoyable, and efficient events to our supporters – whether big or small. When forced to cancel our Spring Gala in April, the creativity of Lisa Anastasia and the incredible Media Direct team enabled the agency to raise important funds, find creative ways to connect with donors, and launch new activities. Media Direct stands as a partner in our mission and friend to the community. This partnership and incredible pro-bono support has made so much possible. Raising millions of dollars while saving hundreds of thousands of dollars in resources that were directed to our mission.
WE HAVE JUST ONE goal

To foster the social and emotional well-being of children and youth.
We greatly appreciate each gift given in support of Youth Services, and we have made every effort to ensure the accuracy of this listing.
Andrew and Mona Abbot
Anonymous
Arlington Computer Products
Edward and Ellen Bas
Dan F. Bakas
Thomas and Irene Benedict
Lloyd and Kathryn Bettis
Center
Jon Cohn and Ann Watson Cohn
Concord USA
Rick and Kathy Davids
John and Jane Demler
William Deloach
B.J. and Stacy Dolan
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Guarantee Trust Life Insurance
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Harbor Capital Advisors, Inc.
HashCorp
Highland Park Community Foundation
Greg Carlson and Nancy Hirsh
John and Barbara Howell
Illinois Bone and Joint Institute, LLC.
Rehabilitation Service
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Juniper Center
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Kiwanis Foundation
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Kronos Foods Corp.
Law and Leucotowicz
James and Barbara Levine
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John and Nancy MacDougall
Ann McKnight
Steve and Nancy Michal
Ed Mader
Northbrook Clergy Association
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NorthShore University Health System
Northwestern Medicine
Nutriban
Bill and Judy O'Leary
Steve Ott
Jeffrey Parry
Thomas Pontarelli
Thomas and Mary Prosh
Margaret Rodgers
Michelle Rohde
Rotary Club Charitable Projects Foundation of Northbrook
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Rotary Club of Glenview Sunrise
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Linda Schwartz
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Heartland Real Estate Management, Ltd.
Richard and Joyce Hirsch
Holy Trinity Lutheran Church Youth Group
Robert Huffman III
Huffman Family Foundation
Katie Isadore
MCRM Food Equipment Group, Inc.
This list reflects donations received between July 1, 2019 and June 30, 2020. Please excuse any errors.
DONATIONS IN KIND

$1,000 to $2,499
Lynn Barnett
Peter and Anne Neuhaus
Pascha Air Brush
Target Greatland
The Athletico Center

$500 to $999
Michael and Sandy Brennan
Cy Fredricks Jewelers
Glennview Park District
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Liquor Barn
Momma Cuisine

$1 to $499
AEB
All About You Nails and Spa
Art Croytherapy
Margaret Berek
Elizabeth and Bob Blackwell
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Cake Craze - Cathy Cunningham
Buffalo Wild Wings
Carriage Hill Kennels
Bt Optimal Holistic Health Center
Chicago Botanic Garden
Chicago Bulls
Chicago Zoological Society
Eve Cooper
Jason Crewe
Dairy Queen Northbrook
DancEd Dance Centre
Depot Nuevo & The Noodle Cafe
Deseris Chocolates
Jorie Diocco
Elements Massage
Elly's Pancake House
Eye Level
Family Video
Flaming's Steakhouse

Shawn Flaura
Flight Restaurant & Wine Bar
Fresh Market - Wilmette
Glenbrook South High School - Titan Football
Glennview Animal Hospital
Glennview United Methodist Church
Peter and Carol Goldman
Goode & Fresh Pizza Bakery
Jennifer Fitch and Marcel Graven
Matt and Lisa Hanneman
Hunter's Poultry Farm, Inc.
Hilton Chicago/Northbrook
Holy Trinity Lutheran Church Youth Group
Homers
Jewel - Oco - Heatherfield
Jewel - Patriot Blvd
Jewel - Pfingston
Johnny's Kitchen & Tap
Jolanes
Jeannie Kurtchails
Laugh Factory Chicago
Lawrence Deans
Lou Mahat's Pizzeria
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Northwest Passage
Northwestern Athletics & Recreation
Oceanique
Oil Lamp Theater
Amy O'Leary
Orange Theory Fitness - Glenview
Patterson Co.
Matt C. Pfister
Pizano's Pizza & Pasta
Thomas and Mary Prchal
Pump It Up
Keith Burns and Harriett Robinson
Rockin' Jump
Rotary Club of Glenview Sunrise
Saints Peter & Paul Greek Orthodox Church
Cathy Schiltz
School of Rock Glenbrook
Simply Organized - Irene Lo
Nancy Simpson
Sol Pol Painting & Remodeling
Carolyn Spolidoro
Springman Bakery
St. Norbert's Church Women's Club Guild 11
Antonella Tony
Steve Terry
The Chessake Factory
The Courm, Teachs
The Happ Inn
The Second City
Athletic Physical Therapy
Three Tarts Bakery
Tusstoria D.O.C.

$25,000+
Media Direct Productions
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Northwest Passage
Northwestern Athletics & Recreation
Oceanique
Oil Lamp Theater
Amy O'Leary
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The Chessake Factory
The Courm, Teachs
The Happ Inn
The Second City
Athletic Physical Therapy
Three Tarts Bakery
Tusstoria D.O.C.

Dubie Camreno and Michael Starkman
This Quiet Duat
Illinois Sports Facilities Authority
Steve Kolton
Printwell
Phil Schneider
Bill Thomas
Village of Northbrook

$1,000 to $2,499

$2,500 to $24,999

$500 to $999

$1 to $499

DONATIONS IN KIND

$1,000 to $2,499

$2,500 to $24,999

$500 to $999

$1 to $499

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