The mission of Youth Services is to promote the social and emotional well-being of children and youth.

We believe every child should grow up happy, healthy, and with hope.
dear friends,

Thank you for your commitment to Youth Services. At the end of every fiscal year, we have the opportunity to reflect. Most of this is done through numbers as we consider the growth in clients served, dollars raised, and lives touched. It is also done in words. I asked our team to share words that mark what the last year has meant to them. There are so many words we hear when trying to describe the work in the last year—Hope. Promise. Inspiration. Stress. Demand. Joy.— but the word that has struck a chord is MOMENTUM.

Momentum is the strength or force that allows something to continue or to grow stronger or faster—and that momentum is YOU. It is every dollar you donate and every hour you share. Momentum comes to us through every community member who refers a friend or school that calls about a student in crisis. It comes to us every time someone says “Youth Services was our first call.”

And that is why we are here—to be the first call. Momentum has driven us further into our quest to be the center of collaborative social-emotional support for children and youth. It has also embedded us deeper into the community and more accessible to those families who need our services most.

We see that increase in our numbers month after month. Across all clinical services we continue to grow. For example, referrals made for individual and group counseling services grew over 20% in the last year.

Our goal is to harness this momentum in order to continue delivering what the community needs. And you are a vital part of making that possible.

Thank you for your commitment to making a difference and for giving Youth Services the momentum to continue this critical work.

With appreciation,

Amy O’Leary, LCSW
Executive Director
Executive Director
Amy O’Leary, LCSW

Clinical Staff
Jeni Brickman, LCSW  Clinical Director
Alison Fries, LCPC  Director of Programming

Volunteer Psychiatrist
Dr. Mogan Makki, MD

Development Staff
Lisa Hanneman  Director of Development
Gina Fanasby  Development Manager
Erin Miller  Development Manager, Special Events
Jennifer Fitch  Volunteer Coordinator*  Michelle Brody  Marketing & Outreach Coordinator*

Administrative Staff
Bonnie Katz  Bookkeeper and HR Administrator*  Mary Povilsky  Receptionist  Sam Petromaneantu  Maintenance*  denotes part-time

FoYS — Friends of Youth Services
Sandy Brennan  Kathy Brown  Julie Bruch  Gretchen Flowers  Cathy Irwin  Misay Jerffe  Mariotone Kani  Beth Krik Malecki  Sonali Mathiain  Barbi Nahlbit  Anna Neuhaus  Alison Schulte  Kari Williams

Board Of Directors

President
Glenn Schneider  Executive Vice President and Chief Information Officer, Discover

Vice President
Jeff Thistlethwaite  President, Northview Bank and Trust

Immediate Past President
Tom Kisel

Chief Financial Officer, OPTO International Inc.

Treasurer
Scott Klotz

Partner, RSM US LLP

Secretary
Donna Lee Guley

Retired School Counselor

Members
Lisa Anastasia  Executive Producer, Media Direct Productions
Robert Anthony  Life Member

Pam Buchholz  Attorney
Mike Cabay  Retired Managing Partner, Accenture
Elizabeth Coulson  Education and Health Care Consultant
Howard Eirinberg  Chief Executive Officer, Kronos Food Corp.
Dan Fraser  Partner, Collective Impact Consulting
John Howard  Retired Senior Vice President, Fidelity Investments
Tracey Lande  Social Worker
Kathleen Loyd-Jones  Staff Physician, Northwestern University Student Health Services
Robb Leone  Principal and Co-Founder, Bian
Becky McMinnan  Retired Teacher
Karen Paige  Attorney, Basemans Law
Bill Sullivan  Retired, Illinois Tool Works
Doug Walsh  Director, Deloitte Consulting LLP
These are preliminary financials for the year of July 1, 2018 – June 30, 2019

**Revenue**

- $1.89M
- 4% Donated Goods
- 11% Grants & Foundations
- 17% Local Government Grants
- 27% Fee Income
- 41% Fundraising

**Expense**

- $1.88M
- 71% Program Services
- 19% Management & General
- 10% Fundraising

These are preliminary financials for the year of July 1, 2018 – June 30, 2019
“you walk in and it’s a happy place.”

Every child is unique, and so is the approach we take in treating our clients. Our services fall on a spectrum ranging from early intervention to crisis response and are provided in a safe and therapeutic environment. By working with insurance companies and offering a sliding fee scale, care is provided to families of all means.
Licensed clinicians provide individual and group therapy to children, teens, parents, and families struggling with a variety of issues including depression, anxiety, bullying, familial stressors, issues related to one’s sexual or gender identity, trauma, grief and loss, and suicidal ideation.

I’ve known you for a while now; you are kind, supportive, and very good at listening to me and everyone in group. Thank you so much for all you have done for me. I feel like I can be myself around you. You have helped me feel more confident with myself, and I really appreciate all the fun activities you plan for us. Thank you for listening to all of our problems, we can always count on you to say the right thing at the right time. I really love that you don’t ever get mad at us or think our problems are dumb. I love group with you and with all of the girls.”

— Member of Junior High Process Group

50% of all lifetime cases of mental illness begin by age 14

— nami.org

314 youth served
Every week, agency therapists are called upon by a variety of schools to provide risk assessments for youth who are experiencing suicidal ideation or other at-risk behaviors. Additionally, Youth Services provides emergency financial assistance to local families experiencing unforeseen hardships.

Suicide is the 2nd leading cause of death in the world for youth 15-24 years old

— save.org

I am grateful for the high level of services that YS has provided to our school environment. Their programs are cutting edge and have not been seen in other high school districts. We continue to strive to evolve in our partnership and are looking forward to the work that we will engage in over the years to come.”

— Eric Etherton, Assistant Principal, Student Services, Glenbrook North High School
Our after school programs include neighborhood-specific groups, Study Buddies, and the Youth Make a Difference Mentoring program. These groups offer structured and therapeutic activities that promote social and emotional learning in a safe environment. Our Juvenile Diversion program is also offered to youth who have broken the law and are in need of completing community service hours.

Studies reveal that effective after school programs can improve students’ academic performance and classroom behavior, reduce drug use, encourage physical activity, and improve social skills.

— youth.gov/youth-topics/afterschool-programs/

For me I think it’s a wonderful program that every child should be a part of. I think it’s really good for my kids because I’ve watched them develop homework skills and also become more social through going to Study Buddies. Life is busy, and we have to work all the time – not only at work but also at home. I take the time to sit down with my kids and help with homework but it’s so helpful to my family to have this program.

— Parent of Study Buddies participant (2 years)
The Pride Youth Program serves LGBTQ+ children and youth ages 4-24 and their families through peer-to-peer support groups, opportunities for youth leadership development, and strong connections to supportive adults and outside referrals.

Over 80% of LGBTQ+ students have experienced verbal harassment at school within the last year because of their sexual or gender identity.

— 2017 nationwide GLSEN School Climate Survey

This being my second year with Youth Services’ prideLEAD programming, I think what’s really been the most impactful is being inspired by other young, LGBT-identifying leaders; people my age taking initiative in their schools and municipalities. It’s a powerful thing to be a part of. In this community of young activists, people really seeking to make a difference, I feel Youth Services, in particular, has given me and my peers the space to do something that matters.

— prideLEAD member
Through classroom workshops for students, continuing education and curriculum for teachers and professionals, and parent education, the SHARE program reaches thousands of children, teens, parents, and teachers at local schools and organizations with critical information on healthy relationships and sexual health and wellbeing.

Youth Services also provides individual and support group services on-site at several schools when requested.

Nearly 1.5 million high school students nationwide experience physical abuse from a dating partner in a single year.

— loveisrespect.org/resources/dating-violence-statistics/

The SHARE program has had a profound impact on my students. Their student-centered and engaging presentations have provided students with the information and skills necessary to foster healthy bodies and relationships. Evidence of Youth Services’ dedication to the quality of the SHARE program is apparent with each presentation. They provide my students an experience they will remember throughout their lifetime.

— Teacher, Antioch High School
OUR THERAPEUTIC process

YOUTH SERVICES IS RECOMMENDED TO A PARENT

PARENT CALLS YS REQUESTING MENTAL HEALTH SERVICES FOR THEIR CHILD

INTAKE IS CONDUCTED & CHILD IS ASSIGNED TO A THERAPIST

Reasons for referral are explored. Payment options are reviewed including health insurance & sliding scale.

THERAPY BEGINS & TREATMENT PLAN IS DEVELOPED

if a child excels in art, then art therapy activities are utilized.

THERAPIST COLLABORATES WITH OTHER SERVICE PROVIDERS

GOALS & OBJECTIVES ARE MET, CHILD IS DISCHARGED

THINGS TO CONSIDER:

- Psychotherapy
- Cognitive Behavioral Therapy
- Dialectical Behavior Therapy
- Music, Art, & Play Therapy

PARENT RAISES MENTAL HEALTH CONCERNS WITH SIBLING

Teacher indicates child is struggling socially, child joins YS Social Skills Group.
**DEMOGRAPHICS**

- **Race**
  - 47% Hispanic
  - 34% Caucasian
  - 11% Asian
  - 6% African American
  - 2% Other

- **School**
  - 65%
  - Community Agency
  - 16%
  - Parent
  - 8%
  - Police
  - 6%
  - Insurance
  - 5%

- **Diagnosis**
  - Depression: 31%
  - Anxiety: 31%
  - ADHD: 25%
  - Other: 13%

- **Community**
  - Glenview: 56%
  - Other: 17%
  - Northbrook: 15%
  - Northfield: 12%

- **Age**
  - 38% High School
  - 28% Elementary School
  - 34% Middle School
For the second year in a row, Youth Services partnered with the Illinois Safe Schools Alliance to provide Action Camp, a 5 day sleepaway camp for LGBTQ+ rising 8th through 12th graders from across Illinois. Over 30 volunteer counselors, staff, and Youth Leaders led 60 campers in participating in peer-led workshops, camp activities like swimming and arts and crafts, and evening programs such as the camp-wide talent show to help develop confidence. For five magical days, all young people were affirmed and celebrated for who they were, and campers left with the necessary skills to start creating these spaces in their home communities.

Action Camp is like a bubble away from the outside world. Everyone is so accepting and kind and valid and snappy, and here at Action Camp, no one ever acts like you don’t matter or aren’t valid. It’s perfect.

—Camper testimonial
Glenbrook North High School Support Group for English Language Learners

Youth Services partnered with Glenbrook North High School to offer a bi-weekly support group for English Language Learners. Designed to foster confidence in students’ own cultural identities while navigating a new school environment, the group enhanced peer connections and provided a sense of comfort and community. Clinical staff from Youth Services also offered regular individual check-ins for additional support.

This group is important because some students who just came to America got to know other people and understand them. This group helped me to communicate more with other people.

– ELL student, Glenbrook North High School

Junior year is hitting me so hard but Friday with this group gives me a time to be relaxed and actually enjoy things.

– ELL student, Glenbrook North High School

Often, the GBN counselors are overloaded and cannot connect with students regularly. Your presence in the building allows this to happen weekly, which is critical for many of our students. It also gives our students a place to “air their grievances.” Often, they won’t talk to teachers about certain issues they are having in school, so your group gives them the space to do this without “penalty.”

– Teacher, Glenbrook North High School
These are just a few examples of the many positive outcomes we have had in the past year.

1,600+ 
youth & FAMILIES SERVED

$240,000 scholarships PROVIDED TO AGENCY CLIENTS

No one is turned away if they cannot afford to pay.
Volunteers are key to Youth Services. A life-long volunteer, Peggy Reynolds is the embodiment of commitment to the families we serve. Having dedicated the last eight years as a Study Buddies tutor, Peggy spends her Monday and Wednesday evenings sharing her passion and excitement for promoting learning to her students. She always comes energized and with extra resources and activities for in hand. Our clients are so fortunate to have Peggy’s care and attention.

“I have been so lucky to have built incredible relationships with YS staff, volunteers, and students. I truly anticipate that some of these kids will be taking over when some of us retire.”
- Peggy

THANK YOU, Youth Services for giving us such a wonderful volunteer experience. What a phenomenal establishment it is! Very impressed by the facility, and even more so by the amazing employees and volunteers that enrich the lives of so many children and young adults.
- Corporate Employee Volunteer
Northview Bank & Trust has been a vital partner to Youth Services. By making annual, generous partnerships that support our programs throughout the year, running an important gift drive for our Holiday Gift program, and encouraging employee volunteerism, they truly have touched the agency in so many impactful ways. This year they shared financial literacy education with our Spanish-Speaking Moms Group, and employees gave many hours as tutors in our Study Buddies program, as well as attending our events and providing pro-bono expertise and support when needed. Youth Services is stronger to have such an important partner looking to make a lasting commitment in their own community.

"Northview Bank & Trust is so proud to support the critically important work that Youth Services provides for the young people in this community. As part of Wintrust Community Banks, it is our mission to provide support LOCALLY, because the benefit to those served can be more impactful and lasting. Children who are troubled or in crisis cannot afford to wait for when funding or clinical support is available. They need help NOW. Our support is not put forth for the purpose of recognition. We do it because it is the right thing to do, and these kids need all of us.

- Jeff Thoelecke, President, Northview Community Bank"
WE HAVE JUST ONE goal

To foster the social and emotional well-being of children and youth.
We greatly appreciate each gift given in support of Youth Services, and we have made every effort to ensure the accuracy of this listing.

<table>
<thead>
<tr>
<th>amount</th>
<th>donor</th>
</tr>
</thead>
<tbody>
<tr>
<td>$100,000+</td>
<td>Village of Glenview</td>
</tr>
<tr>
<td></td>
<td>Village of Northbrook</td>
</tr>
<tr>
<td></td>
<td>Robert G. and Rebecca A. McLennan Foundation</td>
</tr>
<tr>
<td>$25,000 to $99,999</td>
<td>Anonymous</td>
</tr>
<tr>
<td></td>
<td>Cisco</td>
</tr>
<tr>
<td></td>
<td>Jaff and April Diah</td>
</tr>
<tr>
<td></td>
<td>Jean Paul Ghadai Memorial Foundation</td>
</tr>
<tr>
<td></td>
<td>New Trier Township</td>
</tr>
<tr>
<td></td>
<td>Jeffrey and Katy Podlaszek</td>
</tr>
<tr>
<td></td>
<td>Stephen and Jami Podlaszek</td>
</tr>
<tr>
<td></td>
<td>Wintrust Financial Corporation</td>
</tr>
<tr>
<td>$15,000 to $24,999</td>
<td>Glenview School District 34</td>
</tr>
<tr>
<td></td>
<td>MLB (Making Life Better)</td>
</tr>
<tr>
<td></td>
<td>NatlScout</td>
</tr>
<tr>
<td></td>
<td>Northfield Township</td>
</tr>
<tr>
<td></td>
<td>Northshore University Health System</td>
</tr>
<tr>
<td>$10,000 to $14,999</td>
<td>Scott and Beth Brady</td>
</tr>
<tr>
<td></td>
<td>Michael and Sandy Brennan</td>
</tr>
<tr>
<td></td>
<td>Keith and Julie Bruch</td>
</tr>
<tr>
<td></td>
<td>Michael and Barbara Cabay</td>
</tr>
<tr>
<td></td>
<td>Charles &amp; M. R. Shapiro Foundation</td>
</tr>
<tr>
<td></td>
<td>Discover Financial Services</td>
</tr>
<tr>
<td></td>
<td>Healthcare Foundation of Highland Park</td>
</tr>
<tr>
<td></td>
<td>Jackson National Life Insurance Company</td>
</tr>
<tr>
<td></td>
<td>Northbrook Civic Foundation</td>
</tr>
<tr>
<td></td>
<td>Pivotal</td>
</tr>
<tr>
<td></td>
<td>Tall Trees Association - Turkey Trot</td>
</tr>
<tr>
<td></td>
<td>Doug and Laura Welch</td>
</tr>
<tr>
<td>$5,000 to $9,999</td>
<td>Anthony Balisterini and Ana Cassoria</td>
</tr>
<tr>
<td></td>
<td>Tom and Irene Benedict</td>
</tr>
<tr>
<td></td>
<td>Tom and Lisa Bylten</td>
</tr>
<tr>
<td></td>
<td>Jim and Pam Buchholz</td>
</tr>
<tr>
<td></td>
<td>Jim and Pat Dietz</td>
</tr>
<tr>
<td></td>
<td>Howard and Debbie Erninnerg</td>
</tr>
<tr>
<td></td>
<td>Rick Goldman</td>
</tr>
<tr>
<td></td>
<td>Glenn and Christina Kelly</td>
</tr>
<tr>
<td></td>
<td>Kwanias Club of Glenview-Northbrook</td>
</tr>
<tr>
<td>$2,500 to $4,999</td>
<td>Peter and Anastasia Beniaris</td>
</tr>
<tr>
<td></td>
<td>Lloyd and Kathyrn Battis</td>
</tr>
<tr>
<td></td>
<td>Christ Church Winnetka</td>
</tr>
<tr>
<td></td>
<td>Tomas and Barbara Cristado</td>
</tr>
<tr>
<td></td>
<td>B.J. and Stacy Dolan</td>
</tr>
<tr>
<td>$1000 to $2499</td>
<td>Andrew and Mona Albert</td>
</tr>
<tr>
<td></td>
<td>Joe and Lorain Anderson</td>
</tr>
<tr>
<td></td>
<td>Andreas Hogue Salon</td>
</tr>
<tr>
<td></td>
<td>Bob and Mary Bak</td>
</tr>
<tr>
<td></td>
<td>Joe Bonefas</td>
</tr>
</tbody>
</table>

Thank you to our donors!
Robert and Joyce Maslanka
Peter and Marcia Maslinski
Lauren Mattes
Mary Maxey
William and Kathleen McCarthy
John C. McLeod, Jr.
McMaster-Carr Supply Company
LaURA McNeela
James and Frances Meadows
Francesca Meder
Barbara Meyer
Kathy Meyers
Michi
Erich Miller
Linda Miller
Ira Mirochnick
Christina Mitchell Roman
Nelida Morales
Danise Morgan
Evangeline Murillo
Maryrose Murphy
Lonn W. Myers
Andrew Nilsen
Kathleen Nowlin
Amalia Olandese
Nicole Olds
Steven Oliver
Roy and Beth Olson
Thomas and Sandra O'Rourke
Vincent Paolis
Victoria Pagucci
Maria Pallero
Susan Pallavicino
Veronica Perez
Bernard Petchenik
Donna Peterson
PfP
Susan Pinelli
Vic and Maril Poladian
Michael Pollak
Mary K. Poppe
Dan Powell
PPM America, Inc.
Rhonda Pruitt
Richard Pulliano
Olga Ramirez
Rosa Ramirez
Jerry Remien
Katie Roberts
Laura Rodriguez
Ed Russell
John and Colleen Sanguinetti
Teresa S. Sapienza
Marilyn Sawicki
Donald W. Schwankie
Ronald K. Schwankie
Sandra Schwarz
Mike and Shawn Selchick
Kim Shampine
Jim Sherman
Erin Siemens
George and Diane Silco
Debra Sinclair
Edward and Frances Slisz
Ellen Sotooff
Jenny Spigios
Natalie Stordi
Paula Stoddard
Kiv Talty
David Tapia
Nancy Taylor
Richard and Marcia Templar
John Thissen
Bill and Patricia Thompson
Tom and Sally Thueson
Juan Toledo
Karin Toomey
Mim Tournell
Adam Troutman
Catherine Turks
Robert Uhland
Terry Usher
Alba Vasques
Village of Northbrook Fire
Department
Charlene Washburn
Rosie Weaver
John and Mary Weber
Beverly Wehrenberg
Arthur Weiner
Owen West
Steph Whiser
Glen and Julie Warner
Scott Williams
Joyce Wippman
Hidaki Yoshino
Your Pie
Margie Zimmer
Bruce and Julie Zimmerman
This list reflects donations received between July 1, 2018 and June 30, 2019. Please excuse any errors.
## DONATIONS IN KIND

### $25,000+

- Lisa Anastasia
  - Chicago Harley Davidson

### $2,500 to $24,999

- Boka Restaurant Group
- Friends of Youth Services
- GiveNKind
- Illinois Sports Facilities Authority
- KPMG LLP
- Printwell
- Quill

### $1,000 to $2,499

- Diane Barr
- Jim and Pam Buchholz
- William Del Roskin
- Flight Restaurant & Wine Bar
- Glenview Sunrise Rotary
- Halo Medispa
- Maple & Ash
- Northbrook Woman’s Club Foundation, Inc.
- Owen O’Donnell
- Patron of the Arts in the Vatican Museums
- David Prosperi
- Wines for Humanity

### $500 to $999

- Nancy Schwarz
- William Sullivan
- Sweet Ali’s Gluten Free Bakery
- The Glenview Park District
- Weber-Stephen Products
- Mary Zouras

### $1 to $499

- Acuity
- Altisate
- Andrea’s Hogue Salon
- Aproci Lena - The Glen
- Arani - Fujiwara Hospitality
- Avec
- Babamty’s of Northbrook
- Ben Silver - Charleston
- Bentley’s Bait Stuff
- Big Blue Swim School
- Blue Chip Marketing
- Michael and Sandra Brennan
- Mireille and Bill Brody
- Bill Brush
- Buffalo Wild Wings
- Michael and Barb Cabay
- Caralyn Kemper, Organizing Interiors

## CHICAGO BEARS FOOTBALL CLUB

- Chicago Bears Football Club

## CHICAGO BULLS

- Chicago Bulls

## CHICAGO/Shedd Aquarium

- Artlink Chicago
- Chicago Children’s Museum
- Chicago Jazz Foundation Inc.
- Chicago Zoological Society

## CHICAGO PICTURE ARCHIVES CENTER

- Chicago Shakespeare Theater

## CHICAGO/ILLINOIS SPORTS FACILITIES AUTHORITY

- Chicago/Northbrook Hilton
- Chicago Bears Football Club
- Chicago Bulls
- Chicago Shakespeare Theater
- Chicago Zoological Society

## CHICAGO NORTH SHORE HOSPITALITY DISTRICT

- Chicago Shakespeare Theater
- Chicago Zooillogical Society
- Chicago Northbrook Hilton
- Chicago Bears Football Club
- Chicago Bulls
- Chicago Shakespeare Theater
- Chicago Zoological Society

## CHICAGO SHAKESPEARE THEATER

- Mary and Brian Cullinan

## CHICAGO ZOOILLOGICAL SOCIETY

- Chicago Northbrook Hilton
- Chicago Bears Football Club
- Chicago Bulls
- Chicago Shakespeare Theater
- Chicago Zoological Society

## CHICAGO/ZOOILLOGICAL SOCIETY

- Chicago Shakespeare Theater
- Chicago Zooillogical Society

## CHICAGO/ZOOLOGICAL SOCIETY

- Chicago Bears Football Club
- Chicago Bulls
- Chicago Shakespeare Theater
- Chicago Zooillogical Society

## CHICAGO/ILLINOIS SPORTS FACILITIES AUTHORITY

- Chicago Bulls
- Chicago Shakespeare Theater
- Chicago Zooillogical Society

## CHICAGO/ZOOLOGICAL SOCIETY

- Chicago Bears Football Club
- Chicago Bulls
- Chicago Shakespeare Theater
- Chicago Zooillogical Society